

FINAL PROGRAMME
IFFS COSTA RICA WORKSHOP
The Management of Infertility and Assisted Conception
San José, Costa Rica
December 7th – 8th 2023

Thursday December 7th, 2023 (Day 1)

Management of Infertility

0800 - 1730 Registration

Welcome and Introduction Talk

0840 - 0850 Introduction to Training Course
Dr. Marcos Horton (IFFS)

0850 - 0910 The Last 10 years of IVF in Costa Rica / How far we have come?
Dr. Ileana Azofeifa-Hernández (CRC)

0910 – 1030 Epidemiology and Preliminary Assessment

0910-0930 Epidemiology of Infertility in Latin America
Dr. Marcos Horton (IFFS)

0930-0940 Q&A

0940-1010 Assessment and Investigation of The Infertile Couple
Dr. Richard Kennedy (IFFS)

1010-1020 Q&A

1020 - 1050 BREAK

1050 – 1230 First Line Management

1050-1110 Management of Male Factor Infertility
Dr. Pablo Pacheco-Rojas (CRC)

1110-1120 Q&A

1120-1140 Metabolic management of Ovulatory Dysfunction -
Dr. Carla Gillen-Brenes (CRC)

1140-1150 Q&A

1150-1210 Unexplained Infertility – Evidence Based Management

Dr Mark Hamilton (IFFS)

1210-1220 Q&A

1220 - 1330 LUNCH

1330 – 1530 PARALLEL SESSIONS 1 (Short talks followed by discussions):

Physician's Forum		Nurse's Forum 1	Laboratory Forum
<p>The IFFS Reproductive Medicine Training Curriculum</p>		<p>Exploring the Way Forward for Fertility Nurse Education in Central America</p>	
<p>1330 Training in Reproductive Medicine: Needs and Structure in Central America</p> <p><i>Dr. Marcos Horton (IFFS)</i> <i>Dr. Mark Hamilton (IFFS)</i> <i>Local experts: Dr. Ileana Azofeifa (CRC) + participants specialised in infertility</i></p>		<p>What do We Have? What Do We Want?</p> <p>Developing a Clinically Relevant Guide to Learning to Support Core and Advanced Training</p> <p><i>Alison McTavish (IFFS) & REDLARA seniour nurses</i></p> <ul style="list-style-type: none"> • <i>Carolina Kimati (Brazil)</i> • <i>Victoria Repetto (Chile)</i> • <i>Ana E. Cortina (Arg)</i> • <i>Yulissa Romani (Peru) (w/ interpreter)</i> 	
<p>1415 Discussion</p>		<p>1415 Discussion</p>	
<p>1515 Conclusions <i>Dr. Mark Hamilton (IFFS)</i></p>		<p>1515 Conclusions <i>Alison McTavish (IFFS)</i></p>	
		<p>Troubleshooting in the Laboratory (Embryology focused):</p> <p><i>An interactive space where IFFS experts and attendees will share their own real challenges and issues in the lab (e.g. dealing with KPIs, lab errors, near misses, reporting challenges, culture issues, staffing issues, etc).</i></p> <p>Questions and Answers with the Experts</p> <p><i>Dr. Virginia Bolton (IFFS)</i> <i>Dr. Denny Sakkas (IFFS)</i> <i>Dr. Kevin Leandro (IFFS)</i> <i>+ attendees</i></p>	
		<p>1515 Conclusions <i>Dr. Virginia Bolton (IFFS)</i> <i>Dr. Denny Sakkas (IFFS)</i></p>	

1530-1600 **BREAK**

1600-1700 **PLENARY FEEDBACK FROM BREAKOUTS AND OPEN DISCUSSION**
R. Kennedy/M. Horton/K. Leandro/V. Bolton/D. Sakkas/ A. McTavish/M. Hamilton

1700 Summing Up
Dr Mark Hamilton (IFFS)

Friday December 8th, 2023 (Day 2)

Assisted Conception

- 0830 - 0835 Introduction**
Dr Mark Hamilton (IFFS)
- 0835 - 0915 Legal/Ethical Framework**
- 0835-0850 The Integration of Ethics in Clinical Practice
Dr Mark Hamilton (IFFS)
- 0850-0905 Contrasts in the regulation of Assisted Reproduction Treatment in Central America
Dr. Alejandro Marín-Mora (CRC)
- 0905-0915 Discussion/Q&A
- 0915 - 1015 Planning Treatment**
- 0915-0935 Laboratory-based male and female workup before IVF
Dr. Melissa Morales-Berrocal (CRC)
- 0935-0945 Q&A
- 0945-1005 Stimulation Protocols and Monitoring in Assisted Conception: What Works and When?
Edgar Mocanu (IFFS)
- 1005-1015 Q&A
- 1015 - 1030 BREAK**
- 1030 – 1300 PARALLEL SESSIONS 2 (Short talks followed by discussions):**

Physician and Laboratory Forum (INCLUDING CASE STUDIES)		Nurse's Forum 2
Laboratory and Clinical Interface 5-10 min presentation/case study and then discussion on each topic		Exploring the Way Forward for Fertility Nurse Education in Central America II: Competence Assessment Audit Risk Management Practical Examples <i>Alison McTavish (IFFS) & REDLARA senior nurses</i> • <i>Carolina Kimati (Brazil)</i>
1030-1100	When and what to cryopreserve? <i>Dr Luca Gianaroli (IFFS)</i>	
1100-1130	ICSI or conventional IVF? <i>Dr Denny Sakkas (IFFS)</i>	
1130-1200	Embryo Transfer:	

	Cleavage vs. blastocyst and how many to replace? <i>Dr Kevin Leandro (IFFS)</i>	<ul style="list-style-type: none"> • <i>Victoria Repetto (Chile)</i> • <i>Ana E. Cortina (Arg)</i> • <i>Yulissa Romani (Peru)</i> <i>(w/ interpreter)</i>
1200-1230	The inhospitable uterus: To transfer or not to transfer, that is the question. <i>Dr Marcos Horton (IFFS)</i>	
1230-1300	Troubleshooting when things go wrong: clinical and laboratory contributions. <i>Dr Virginia Bolton (IFFS)</i>	

1300 - 1400 LUNCH

1400 – 1530 Special Situations

1400-1420 Fertility Preservation for Cancer Patients: New Frontiers
Dr Luca Gianaroli (IFFS)

1420-1430 Q&A

1430-1450 Pre-implantation Genetic Testing: Clinical and Laboratory Aspects
Dr. Denny Sakkas (IFFS)

1450-1500 Q&A

1500-1520 CooperSurgical sponsored talk: AI-Driven PGT-A innovation
MS CGC Jenna Miller (USA)

1520-1530 Q&A

1530 - 1600 BREAK

1600 - 1730 Quality and Standards

1600-1620 When Treatment Fails: Patient Needs, Cycle Analysis and Future Advice
Dr. Edgar Mocanu (IFFS) and Alison McTavish (IFFS)

1620-1630 Q&A

1630-1650 Quality Control and Quality Assurance in Assisted Conception
Dr. Virginia Bolton (IFFS)

1650-1700 Q&A

1700-1720 Effective strategies for running a successful fertility service.
Dr Richard Kennedy (IFFS)

1720-1730 Q&A

1730 Summing Up
Dr. Marcos Horton (IFFS)